

Jessica P. Cerdeña, M.Phil.

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Education

- 2014- **Yale University**
M.D./Ph.D. Candidate in Medical Anthropology
Advisor: Marcia Inhorn, PhD
- 2018 **Yale University**
M.Phil., Anthropology
- 2014 **Washington University in St. Louis**
A.B., International and Area Studies & Spanish, minor in Biology
magna cum laude

Fellowships & Grants

- 2019 National Science Foundation Biological Anthropology Doctoral Dissertation Improvement Grant (\$18,025)
- 2018 Wenner-Gren Dissertation Fieldwork Grant (\$19,828)
- 2017- Robert Wood Johnson Health Policy Research Scholar (\$120,000)
- 2015 MacMillan Center Pre-Dissertation Grant (\$4,600)
- 2015 Tinker Foundation Field Research Grant (\$1,000)
- 2015 Office of International Medical Student Education Travel Scholarship
- 2014 Family Medicine Education Consortium Medical Student Scholarship
- 2013 Office of Undergraduate Research Award, Washington University
- 2012 Summer Undergraduate Research Fellowship (\$4,000)
- 2012 Ford Foundation Student Travel Scholarship

Peer-Reviewed Publications

- Cerdeña JP**, Plaisme MV, Tsai J. (2020). "From race-based to race-conscious medicine: how anti-racist uprisings call us to act." *The Lancet*. [https://doi.org/10.1016/S0140-6736\(20\)32076-6](https://doi.org/10.1016/S0140-6736(20)32076-6)
- Jaswaney R*, **Cerdeña JP***. (2020). "COVID-19 School Closures: Implications for Pediatric Diabetes Management - A Commentary." *Health Behavior and Policy Review*. <https://doi.org/10.14485/HBPR.7.4.5>
- Tsai J, **Cerdeña JP**, Khazanchi R, Lindo E, Marcelin JR, Rajagopalan A, Sandoval RS, Westby A, Gravlee CC. (2020). "There is no 'African American Physiology': the fallacy of racial essentialism." *Journal of Internal Medicine*. <https://doi.org/10.1111/joim.13153>
- Cerdeña JP**, Rehman T, Hardeman RR. (2020). "Why Bias in Medicine Matters: Qualitative Insights from Anonymous, Online Reports." *Journal of the National Medical Association*. <https://doi.org/10.1016/j.jnma.2019.10.004>

* denotes shared first authorship

Conference Papers and Presentations

- Cerdeña JP.** (2020). "Health Impacts of Immigration Enforcement." LMSA Latinx Health and Identity Series. Pritzker School of Medicine at the University of Chicago. Chicago, IL, USA (virtual).
- Cerdeña JP.** (2019). "Racial discrimination in eastern Ecuador: varying effects on biomarkers of chronic inflammation and cell-mediated immunity." Human Biology Association Annual Meeting. Cleveland, OH, USA.
- Fuehrlein B, **Cerdeña J**, Chiang V, Chekijian S, Fernando DA, Franco K, Hildebrand B, Martin A, Silva M, Smith D, Watts B, Caruso D, Sernyak M. (2019). "Training Medical School Admissions Committee Members to use Behaviorally-Anchored Questions Using Standardized Applicants." Association of Directors of Medical Student Education in Psychiatry Annual Meeting. Portland, ME, USA.
- Cerdeña J**, Hardy R, Neely A, Salas-Hernández, L. (2018). "'Your Trauma Is Not Your Own': Research and Perspectives on Intergenerational Trauma and Mental Health among Underserved Youth." Interdisciplinary Association for Population Health Sciences. National Academy of Sciences, Washington, DC, USA.
- Minor J.** (2017). "Health Disparities Research in Latinx Populations: Current Challenges and Recommendations." National Conference for Physician Scholars in the Social Sciences and Humanities. Harvard Medical School, Boston, MA, USA.
- Minor J.** (2017). "Intergenerational, Epigenetic Embodiment of Trauma in Latina Migrant Women and their Infants." Harvard-Yale Biological Anthropology Colloquium. Harvard University, Cambridge, MA, USA.
- Razdan S, **Minor J.** (2017). Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time. National South Asian Summit. Washington, DC. USA.
- Minor J**, Rehman T, Stearns V. (2016). "Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time." Partnering with Patients in Decision-Making, Baltimore, MD, USA.
- Rehman T, **Minor J.** (2015). "Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time." National Physicians Alliance National Conference, Washington, D.C., USA.
- Lampugnale B, **Minor J**, Mitson-Salazar A, Iezzi S, DeRose C, Talwalkar J, Assis D, Britto C, Koff J. (2015). "A Quality Improvement Project to Improve Influenza Vaccination Rates in an Adult Cystic Fibrosis Program." North American Cystic Fibrosis Conference, Phoenix, AZ, USA.
- Minor J.** (2014). "Mixed Magic: Syncretism of Biomedicine and Traditional Chinese Medicine in Treatment of Female Infertility in Shanghai, China." Ford Foundation Cross-Cultural Perspectives on Anthropology and Public Health. Washington University, St. Louis, MO, USA.
- Minor J.** (2014). "Syncretism of Biomedicine and Traditional Chinese Medicine in Treatment of Female Infertility in Shanghai, China." St. Louis Area Undergraduate Research Symposium, Southern Illinois University, Carbondale, IL, USA.

Popular Media Publications

- Minor J**, Rehman T. (2016). Student Protests Reveal a Systemic Disease. *The Huffington Post*.
- Minor J.** (2015). When Medicine Makes 'Miracles'. *in-Training Magazine*.
- Minor J.** (2015). It's Not Just the Confederate Flag: The Example of New Haven. *The Huffington Post*.
- Minor J.** (2015). What Emma's Mattress Means for Medicine. *The Huffington Post* (republished in *in-Training Magazine*).
- Minor J.** (2015). When You Come to Me (Baltimore 2015). *in-Training Magazine*.

Minor J. (2015). My White Coat Costume. *in-Training Magazine*.

Minor J. (2013). Life, Health, Purity, and Survival: The Maleku of Costa Rica Struggle to Regain Lost Lands. *Cultural Survival*.

Research Experience

2017-	New Haven, CT	Researcher, Yale University Dept. of Anthropology <i>Mentor: Marcia Inhorn</i> Medical anthropology: biosocial embodiment of intergenerational trauma in Latin American migrants
2015	Sucúa, Ecuador	Researcher, Yale University Dept. of Anthropology <i>Mentor: Richard Bribiescas, PhD</i> Biocultural anthropology: biomarkers for psychosocial stress due to phenotypic (skin color) discrimination.
2013	Shanghai, China	Researcher, Washington University (at Fudan University) <i>Mentors: Carolyn Sargent, PhD, Jianfeng Zhu, PhD</i> Medical anthropology: experiences, attitudes, and beliefs surrounding female infertility treatment in urban China.
2011-12	St. Louis, MO	Research Assistant, WUSTL Dept. of Obstetrics & Gynecology <i>Mentor: Kelle Moley, MD</i> Translational science: mechanistic causes of female infertility using mouse models and human endometrial tissue.

Teaching Experience

2017-19	Yale School of Medicine	Facilitator and Co-Creator, Yale Advanced Skills-based Spanish Elective (¡YA SÉ!) <i>Supervisor: Rosana Gonzalez-Colaso, PharmD, MPH</i> Launched first clinical skills-based medical Spanish elective for bilingual students to develop working professional proficiency and cultural consciousness for care of Spanish-speaking patients; facilitated 8-week didactic sessions and clinical cases in Spanish.
2018	Yale University	Teaching Fellow, Anthropology of War (ANTH 233) <i>Professors: William Honeychurch, PhD, David Watts, PhD, and Louisa Lombard, PhD</i> Directed weekly discussion sections on the culture and bio-archaeology of human violence and conflict; graded reading responses, written assignments, and discussion facilitation.
2017	Yale University	Teaching Fellow, Intro to Medical Anthropology (ANTH 114) <i>Professor: Jessica Newman, PhD</i> Directed weekly discussion sections on health and illness as they relate to culture and power; graded reading responses, exams, and ethnographic writing assignments for 24 students.

Leadership & Service

2020	(Online)	<u>Connecticut State Leader, ContraCOVID</u> Coordinate and maintain information on COVID-19 and resources for social assistance on ContraCovid.com.
2017-18	New Haven, CT	<u>Clinical Advisor, HAVEN Free Clinic</u> Supervise clinical and quality assurance teams to optimize delivery of free care to uninsured New Haven residents.
2016-	New Haven, CT	<u>Student Member, Committee for Diversity, Inclusion, and Social Justice (CDISJ)</u> Collaborate with Dean Robert Alpern and administrators to reduce structural oppression at Yale School of Medicine.
2015-	(Online)	<u>Co-Founder, Systemic Disease (www.systemicdisease.com)</u> Created an online platform for medical community members to share experiences with discrimination and micro-aggressions in order to promote awareness of pervasive bias and injustice.
2015-18	New Haven, CT	<u>Behavioral Health Psychoeducator, HAVEN Free Clinic</u> Facilitate psychoeducation sessions in Spanish focusing on resilience and skill-building for undocumented Latinx immigrants with mild to moderate depression.
2015	New Haven, CT	<u>Lead Conference Organizer, 2015 SNMA Region VII Medical Education Conference</u> Coordinated program for New England-area conference on social justice in medicine for over 250 health professional, undergraduate, and high school students.
2015-16	New Haven, CT	<u>Co-President, Yale SNMA/LMSA*</u> Spearheaded initiatives relating to student recruitment and support, social and racial justice in medicine, and health professional pipeline programs.
2015	Santo Domingo	<u>Visiting Medical Student, Yale-INTEC Social Medicine Exchange</u> Provided care at a student-run free clinic and observed care teams at hospitals affiliated with the Instituto tecnológico de Santo Domingo as part of a medical student exchange.
2014-15	New Haven, CT	<u>Lead Organizer, New Haven Health & Wellness Block Party</u> Directed a team of 19 interprofessional students in the planning of a community health fair attended by 150 residents of the Dixwell neighborhood, a predominantly low-income Black community.
2014-15	New Haven, CT	<u>Spanish Medical Interpreter, HAVEN Free Clinic</u> Interpreted in Spanish for patients at medical, reproductive health, and social service appointments at Yale student-run free clinic.

* Student National Medical Association (SNMA) / Latino Medical Student Association (LMSA)

Honors & Awards

2015	Marguerite-Rush Lerner Creative Writing Award
2014	Victor H. Farwell Student Leadership Award
2013	Sigma Iota Rho, International Studies Honor Society

2010 Annika Rodriguez Scholarship
2010 University Scholar in Medicine

Work Experience

2015-16	New Haven, CT	Student Coordinator for the Writers' Workshops, Program for the Humanities in Medicine, Yale School of Medicine
2011-14	St. Louis, MO	Personal Care Attendant, Self-Employed
2010-14	St. Louis, MO	Field Director, Asst. Field Director, & EMT, Washington University Emergency Support Team
2008-10	Mahwah, NJ	Emergency Medical Technician, Mahwah Ambulance Corps.
2002-08	New York, NY	Professional Actor, Former Member AEA-AFTRA-SAG

Certifications

2017	Certificate of Spanish Language Fluency, <i>Yale-New Haven Hospital Language Services</i>
2016	Advanced Cardiac Life Support, <i>American Heart Association</i>

Memberships

American Medical Association	Student National Medical Association
Human Biology Association	American Academy for Family Physicians
Latino Medical Student Association	Sigma Iota Rho

Language Skills

Spanish	full professional proficiency <i>American Council on the Teaching of Foreign Languages:</i> <i>"advanced-high"</i>
Mandarin Chinese (simplified)	basic knowledge