

# Jessica P. Cerdeña

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## Education

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- 2021 **Yale University**  
(graduand) Ph.D., Anthropology  
Advisor: Marcia C. Inhorn, Ph.D., M.P.H.
- 2023 **Yale School of Medicine**  
(expected) M.D., Medical Scientist Training Program
- 2018 **Yale University**  
M.Phil., Anthropology
- 2014 **Washington University in St. Louis**  
A.B., International and Area Studies & Spanish, minor in Biology  
*magna cum laude*

## Fellowships & Grants

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### Externally Funded

- 2019 National Science Foundation Biological Anthropology Doctoral Dissertation Improvement Grant (\$18,025)
- 2018 Wenner Gren Dissertation Fieldwork Grant (\$19,828)
- 2017- Robert Wood Johnson Health Policy Research Scholar (\$120,000)
- 2014 Family Medicine Education Consortium Medical Student Scholarship
- 2012 Ford Foundation Student Travel Scholarship

### Internally Funded

- 2015 MacMillan Center Pre-Dissertation Grant (\$4,600)
- 2015 Tinker Foundation Field Research Grant (\$1,000)
- 2015 Office of International Medical Student Education Travel Scholarship
- 2014 Family Medicine Education Consortium Medical Student Scholarship
- 2013 Office of Undergraduate Research Award, Washington University
- 2012 Summer Undergraduate Research Fellowship (\$4,000)

## Publications

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### Journal Articles

- Blanks Jones JL, **Cerdeña JP**, Coleman-King C, Shaw Bonds MD. (2022). "Coping Through Kinship during COVID-19: Lessons From Women of Color." *Snapshots of History: Portraits of the 21st Century Pandemic* (2021 Special Edition of the *American Educational History Journal*).
- Lim SR, **Cerdeña JP**, Azim KA, Wagner K. (2022). "Motherscholars With Disabilities: Surmounting Structural Adversity During COVID-19." *Snapshots of History: Portraits of the 21st Century Pandemic* (2021 Special Edition of the *American Educational History Journal*).
- Tsai JW, **Cerdeña JP**, Goedel WC, Asch WS, Grubbs V, Mendu ML, Kaufman JS. (2021). "Evaluating the Impact and Rationale of Race-Specific Estimations of Kidney Function:

Estimations from U.S. NHANES, 2015-2018.” *EClinicalMedicine*. 42(101197): 1-7.

<https://doi.org/10.1016/j.eclinm.2021.101197>

**Cerdeña JP**, Jaswaney R, Plaisime MV. (2021). “Race, Ethnicity, and Immigration Status in a Medical Licensing Educational Resource: A Systematic, Mixed-Methods Analysis.” *Journal of General Internal Medicine*. <https://doi.org/10.1007/s11606-021-06843-0> (online ahead of print).

**Cerdeña JP**. (2021). “Race-Conscious Bioethics: The Call to Reject Contemporary Scientific Racism.” *The American Journal of Bioethics*. 21(2): 48-53.

<https://doi.org/10.1080/15265161.2020.1861383>

Cerdeña I, Holloway T, **Cerdeña JP**, Wing A, Wasser T, Fortunati F, Rohrbaugh R, Li L. (2021). “Racial and Ethnic Differences in Psychiatry Resident Prescribing: A Quality Improvement Education Intervention to Address Health Equity.” *Academic Psychiatry*. 45(1): 13-22.

<https://doi.org/10.1007/s40596-021-01397-z>

**Cerdeña JP**, Tsai J, Grubbs V. (2021). “APOL1, Black Race, and Kidney Disease: Turning Attention to Structural Racism.” *American Journal of Kidney Diseases*. 77(6): 857-860.

<https://doi.org/10.1053/j.ajkd.2020.11.029>

**Cerdeña JP**, Jaswaney R, Plaisime MV, Braun L. “Assessment of Skin Phenotype Representation in a Popular Medical Licensing Educational Resource.” *JAMA Network Open*. 4(1):e2033164. <http://doi.org/10.1001/jamanetworkopen.2020.33164>

**Cerdeña JP\***, Rivera LM\*, Spak JM. (2021). “Intergenerational trauma in Latinxs: a scoping review.” *Social Science & Medicine*. 270(113662): 1-22.

<https://doi.org/10.1016/j.socscimed.2020.113662>

**Cerdeña JP\***, Plaisime MV\*, Tsai J\*. (2020). “From race-based to race-conscious medicine: how anti-racist uprisings call us to act.” *The Lancet*. 396(10257): 1125-1128.

[https://doi.org/10.1016/S0140-6736\(20\)32076-6](https://doi.org/10.1016/S0140-6736(20)32076-6)

**Cerdeña JP**, Rehman T, Hardeman RR. (2020). “Why Bias in Medicine Matters: Qualitative Insights from Anonymous, Online Reports.” *Journal of the National Medical Association*. 112(1): 6-14. <https://doi.org/10.1016/j.jnma.2019.10.004>

### Letters and Commentaries

**Cerdeña JP**, Plaisime MV, Tsai J. (2021). “Race-conscious medicine: a response to critique.”

*The Internal Medicine Journal*. 51(8):1369-1370. <https://doi.org/10.1111/imj.15460>

Silverman-Lloyd L, Bishop N, **Cerdeña JP**. (2021). “Race is not a risk factor: reframing discourse on racial health inequities in CVD prevention.” *The American Journal of Preventive Cardiology*. 6:100185. <https://doi.org/10.1016/j.ajpc.2021.100185>

Plaisime MV, **Cerdeña JP**. (2021). “Re: Blackface in White Space: Using Admissions to Address Racism in Medical Education.” *Journal of General Internal Medicine*. 36(4):1117-1118.

<https://doi.org/10.1007/s11606-021-06606-x>

Jaswaney R\*, **Cerdeña JP\***. (2020). “COVID-19 School Closures: Implications for Pediatric Diabetes Management - A Commentary.” *Health Behavior and Policy Review*. 7(4): 325-328.

<https://doi.org/10.14485/HBPR.7.4.5>

Tsai J, **Cerdeña JP**, Khazanchi R, Lindo E, Marcelin JR, Rajagopalan A, Sandoval RS, Westby A, Gravlee CC. (2020). “There is no ‘African American Physiology’: the fallacy of racial essentialism.” *Journal of Internal Medicine*. 2020(288): 368-370.

<https://doi.org/10.1111/joim.13153>

\* denotes shared first authorship

### Invited Lectures

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- Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Stamford Internal Medicine and Family Medicine Residency Programs. Stamford, CT, USA.
- Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Department of Biology, Western Washington University. Bellingham, WA, USA (virtual).  
<https://youtu.be/cVT9IncOkQU>
- Plaisime MV, **Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Program in Medical Education for the Urban Underserved (PRIME-US) Capstone. University of California San Francisco School of Medicine. San Francisco, CA, USA (virtual).
- Cerdeña JP.** (2021). "Intergenerational Trauma in Latinxs: Healing and Resistance." Uprootedness and Hybridity: Intergenerational Trauma in Central and Latin America through Art and Anthropology. Counterpoint Arts. Berlin, Germany (virtual).  
[https://youtu.be/CCmuwuR\\_bv8](https://youtu.be/CCmuwuR_bv8)
- Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Medical Anthropology (ANTH 379) Guest Lecture, Instructor: Hatice Nilay Erten, Ph.D. University of Illinois. Urbana, IL, USA (virtual).
- Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Yale Internal Medicine Residency Program. Yale-New Haven Health. New Haven, CT, USA (virtual)
- Cerdeña JP.** (2021). "Migration Enforcement and the Embodiment of Trauma." Health Equity Clinical Precede. Yale School of Medicine. New Haven, CT, USA (virtual)
- Cerdeña JP.** (2021). "Race-Conscious Medicine: A Reality Check." Medical Sociology (SYO 4400) Guest Lecture, Instructor: Harvey L. Nicholson Jr., Ph.D. University of Florida. Gainesville, FL, USA (virtual)
- Cerdeña JP.** (2020). "From race-based to race-conscious medicine: how anti-racist uprisings call us to act." Anti-Racist Anthropology Reading Group. Department of Anthropology, Yale University. New Haven, CT, USA (virtual)
- Cerdeña JP,** Tsai J, Plaisime MV. (2020). "Race-Conscious Medicine: A Reality Check." Emergency Medicine Grand Rounds. Advocate Christ Medical Center. Chicago, IL, USA (virtual)
- Cerdeña JP.** (2020). "Health Impacts of Immigration Enforcement." Latino Medical Student Association Latinx Health and Identity Series. Pritzker School of Medicine at the University of Chicago. Chicago, IL, USA (virtual)
- Minor J.** (2014). "Mixed Magic: Syncretism of Biomedicine and Traditional Chinese Medicine in Treatment of Female Infertility in Shanghai, China." Ford Foundation Cross-Cultural Perspectives on Anthropology and Public Health. Washington University, St. Louis, MO, USA.

## Abstracts and Conference Papers

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- Cerdeña JP,** Espinoza-Kulick MV, Rivera LM, Amézua-Rocha S, Talavera-Brown S. (2020). "Reforming mental health services for Indigenous communities." *Raising Our Voices*. American Anthropological Association (virtual workshop).
- Cerdeña JP.** (2019). "Racial discrimination in eastern Ecuador: varying effects on biomarkers of chronic inflammation and cell-mediated immunity." Human Biology Association Annual Meeting. Cleveland, OH, USA.
- Fuehrlein B, **Cerdeña J,** Chiang V, Chekijian S, Fernando DA, Franco K, Hildebrand B, Martin A, Silva M, Smith D, Watts B, Caruso D, Sernyak M. (2019). "Training Medical School Admissions Committee Members to use Behaviorally-Anchored Questions Using Standardized Applicants." Association of Directors of Medical Student Education in Psychiatry Annual Meeting. Portland, ME, USA.
- Cerdeña J,** Hardy R, Neely A, Salas-Hernández, L. (2018). "'Your Trauma Is Not Your Own': Research and Perspectives on Intergenerational Trauma and Mental Health among

- Underserved Youth.” Interdisciplinary Association for Population Health Sciences. National Academy of Sciences, Washington, DC, USA.
- Minor J.** (2017). “Health Disparities Research in Latinx Populations: Current Challenges and Recommendations.” National Conference for Physician Scholars in the Social Sciences and Humanities. Harvard Medical School, Boston, MA, USA.
- Minor J.** (2017). “Intergenerational, Epigenetic Embodiment of Trauma in Latina Migrant Women and their Infants.” Harvard-Yale Biological Anthropology Colloquium. Harvard University, Cambridge, MA, USA.
- Razdan S, **Minor J.** (2017). Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time. National South Asian Summit. Washington, DC. USA.
- Minor J,** Rehman T, Stearns V. (2016). “Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time.” Partnering with Patients in Decision-Making, Baltimore, MD, USA.
- Rehman T, **Minor J.** (2015). “Bringing the Conversation of Bias in Medicine Beyond Closed Doors: One Story at a Time.” National Physicians Alliance National Conference, Washington, D.C., USA.
- Lampugnale B, **Minor J,** Mitson-Salazar A, Iezzi S, DeRose C, Talwalkar J, Assis D, Britto C, Koff J. (2015). “A Quality Improvement Project to Improve Influenza Vaccination Rates in an Adult Cystic Fibrosis Program.” North American Cystic Fibrosis Conference, Phoenix, AZ, USA.
- Minor J.** (2014). “Syncretism of Biomedicine and Traditional Chinese Medicine in Treatment of Female Infertility in Shanghai, China.” St. Louis Area Undergraduate Research Symposium, Southern Illinois University, Carbondale, IL, USA.

## Popular Media Publications and Podcast Appearances

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- Cerdeña J.** (2020). “Disparities in Mental Healthcare.” BioConnect Podcast (hosted by Saanvi Juneja). <https://open.spotify.com/episode/2VEzHcjgQ1G9tg1Xzp7X8S>
- Minor J,** Rehman T. (2016). “Student Protests Reveal a Systemic Disease.” *The Huffington Post*. [https://www.huffpost.com/entry/student-protests-reveal-a\\_b\\_9664558](https://www.huffpost.com/entry/student-protests-reveal-a_b_9664558)
- Minor J.** (2015). “When Medicine Makes ‘Miracles.’” *in-Training Magazine*. <https://in-training.org/medicine-makes-miracles-9570>
- Minor J.** (2015). “It’s Not Just the Confederate Flag: The Example of New Haven.” *The Huffington Post*. [https://www.huffpost.com/entry/its-not-just-the-confeder\\_b\\_7719112](https://www.huffpost.com/entry/its-not-just-the-confeder_b_7719112)
- Minor J.** (2015). What Emma’s Mattress Means for Medicine. *The Huffington Post* (republished in *in-Training Magazine*). [https://www.huffpost.com/entry/what-emmas-mattress-means-for-medicine\\_b\\_7511140](https://www.huffpost.com/entry/what-emmas-mattress-means-for-medicine_b_7511140)
- Minor J.** (2015). When You Come to Me (Baltimore 2015). *in-Training Magazine*. [https://www.huffpost.com/entry/what-emmas-mattress-means-for-medicine\\_b\\_7511140](https://www.huffpost.com/entry/what-emmas-mattress-means-for-medicine_b_7511140)
- Minor J.** (2015). My White Coat Costume. *in-Training Magazine*. <https://in-training.org/white-coat-costume-8652>
- Minor J.** (2013). Life, Health, Purity, and Survival: The Maleku of Costa Rica Struggle to Regain Lost Lands. *Cultural Survival*. <https://www.culturalsurvival.org/news/life-health-purity-and-survival-maleku-costa-rica-struggle-regain-lost-lands>

## Research Experience

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2017-2021    New Haven, CT    Researcher, Yale University Dept. of Anthropology  
 Mentor: Marcia C. Inhorn, PhD, MPH

2015	Sucúa, Ecuador	Medical anthropology: biosocial embodiment of intergenerational trauma in Latin American migrants <b><u>Researcher, Yale University Dept. of Anthropology</u></b> <i>Mentor: Richard G. Bribiescas, PhD</i> Biocultural anthropology: biomarkers for psychosocial stress due to phenotypic (skin color) discrimination.
2013	Shanghai, China	<b><u>Researcher, Washington University (at Fudan University)</u></b> <i>Mentors: Carolyn Sargent, PhD, Jianfeng Zhu, PhD</i> Medical anthropology: experiences, attitudes, and beliefs surrounding female infertility treatment in urban China.
2011-12	St. Louis, MO	<b><u>Research Assistant, WUSTL Dept. of Obstetrics &amp; Gynecology</u></b> <i>Mentor: Kelle Moley, MD</i> Translational science: mechanistic causes of female infertility using mouse models and human endometrial tissue.

## Teaching Experience

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2017-19	Yale School of Medicine	<b><u>Co-Creator and Facilitator, Yale Advanced Skills-based Spanish Elective (¡YA SÉ!)</u></b> <i>Supervisor: Rosana Gonzalez-Colaso, PharmD, MPH</i> Launched first clinical skills-based medical Spanish elective for bilingual students to develop working professional proficiency and cultural consciousness for care of Spanish-speaking patients; facilitated 8-week didactic sessions and clinical cases in Spanish.
2018	Yale University	<b><u>Teaching Fellow, Anthropology of War (ANTH 233)</u></b> <i>Professors: William Honeychurch, PhD, David Watts, PhD, and Louisa Lombard, PhD</i> Directed weekly discussion sections on the culture and bio-archaeology of human violence and conflict; graded reading responses, written assignments, and discussion facilitation.
2017	Yale University	<b><u>Teaching Fellow, Intro to Medical Anthropology (ANTH 114)</u></b> <i>Professor: Jessica Newman, PhD</i> Directed weekly discussion sections on health and illness as they relate to culture and power; graded reading responses, exams, and ethnographic writing assignments for 24 students.

## Academic Service

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2016-present	New Haven, CT	<b><u>Student Member, Committee for Diversity, Inclusion, and Social Justice (CDISJ)</u></b> Collaborate with Dean Nancy J. Brown (previously Dean Robert Alpern) and administrators to reduce structural oppression at Yale School of Medicine.
2018-21	New Haven, CT	<b><u>Member, Admissions Strategic Planning Committee</u></b> Coordinated the transition from an unstructured to a structured admissions interview to mitigate bias in the admissions process.
2016-19	New Haven, CT	<b><u>Member, Yale School of Medicine Admissions Committee</u></b>

		Reviewed applications and conducted interviews with prospective medical school students, and deliberated during committee meetings
2018	New Haven, CT	<u>Student Member, <b>Medical School Performance Evaluation (MSPE) Task Force</b></u> Incorporated guidance from National Residency Match Program and American Association of Medical Colleges to improve the MSPE and mitigate bias in the letter preparation process.
2017	New Haven, CT	<u>Student Member, <b>Director of Diversity Search Committee</b></u> Reviewed applications and interview candidates for Yale School of Medicine Director of Diversity.
2015-16	New Haven, CT	<u>Student Coordinator for the <b>Writers' Workshops, Program for the Humanities in Medicine, Yale School of Medicine</b></u> Organized creative writing and narrative medicine workshops for pre-clinical students at Yale School of Medicine.

## **Student Leadership**

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2020	(Online)	<u>Connecticut State Leader, <b>ContraCOVID</b></u> Coordinate and maintain information on COVID-19 and resources for social assistance on ContraCovid.com.
2015-present	(Online)	<u>Co-Founder, <b>Systemic Disease</b> (<a href="http://www.systemicdisease.com">www.systemicdisease.com</a>)</u> Created an online platform for medical community members to share experiences with discrimination and micro-aggressions to promote awareness of pervasive bias and injustice.
2015	New Haven, CT	<u>Lead Conference Organizer, <b>2015 SNMA Region VII Medical Education Conference</b></u> Coordinated program for New England-area conference on social justice in medicine for over 250 health professional, undergraduate, and high school students.
2015-16	New Haven, CT	<u>Co-President, <b>Yale SNMA/LMSA*</b></u> Spearheaded initiatives relating to student recruitment and support, social and racial justice in medicine, and health professional pipeline programs.
2014-15	New Haven, CT	<u>Lead Organizer, <b>New Haven Health &amp; Wellness Block Party</b></u> Directed a team of 19 interprofessional students in the planning of a community health fair attended by 150 residents of the Dixwell neighborhood, a predominantly low-income Black community.

\* Student National Medical Association (SNMA) / Latino Medical Student Association (LMSA)

## **Clinical Experience**

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2018-19	New Haven, CT	<u>Primary Care Provider, <b>Wednesday Evening Clinic</b></u> Served as the primary care provider for a panel of low-income, mostly Spanish-speaking patients at a safety net clinic.
2017-18	New Haven, CT	<u>Clinical Advisor, <b>HAVEN Free Clinic</b></u>

2015-18	New Haven, CT	Supervised clinical and quality assurance teams to optimize delivery of free care to uninsured New Haven residents. <u>Behavioral Health Psychoeducator, <b>HAVEN Free Clinic</b></u> Facilitate psychoeducation sessions in Spanish focusing on resilience and skill-building for undocumented Latinx immigrants with mild to moderate depression.
2015	Santo Domingo	<u>Visiting Medical Student, <b>Yale-INTEC Social Medicine Exchange</b></u> Provided care at a student-run free clinic and observed care teams at hospitals affiliated with the Instituto tecnológico de Santo Domingo as part of a medical student exchange.
2014-15	New Haven, CT	<u>Spanish Medical Interpreter, <b>HAVEN Free Clinic</b></u> Interpreted in Spanish for patients at medical, reproductive health, and social service appointments at Yale student-run free clinic.
2010-14	St. Louis, MO	<u>Field Director, Asst. Field Director, &amp; EMT, <b>Washington University Emergency Support Team</b></u> Supervised a team of 60 undergraduate EMTs and coordinated training activities including CPR refresher courses and disaster drills.
2008-10	Mahwah, NJ	<u>Emergency Medical Technician, <b>Mahwah Ambulance Corps.</b></u>

## Honors & Awards

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2015	<b>Marguerite-Rush Lerner Creative Writing Award</b> \$500 prize for poem "The Bird Inside."
2014	<b>Victor H. Farwell Student Leadership Award</b> Awarded to one graduating student in recognition of excellence in leadership.
2013	<b>Sigma Iota Rho, International Studies Honor Society</b> Inducted into SIR for academic excellence in the field of international studies.
2010-14	<b>Annika Rodriguez Scholarship</b> Full-tuition scholarship and stipend recognizing academic excellence, leadership, community service, and commitment to bringing diverse groups together.
2010-14	<b>University Scholar in Medicine</b> Granted dual admission to Washington University and Washington University School of Medicine for extraordinary potential for a career in medicine.

## Work Experience

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2021-present	(remote)	<u>Health Equity Clinical Faculty Consultant, <b>Sketchy Medical</b></u> Produce content on health equity topics for popular, animated medical education videos.
2011-14	St. Louis, MO	<u>Personal Care Attendant, <b>Self-Employed</b></u> Provided personal care services including bathing, dressing, and assisting with restroom use for a student with muscular dystrophy.
2002-08	New York, NY	<u>Professional Actor, <b>Former Member AEA-AFTRA-SAG</b></u> Performed on Broadway, National Tour, TV, radio, and in local theater productions.

## Certifications and Training

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2017-2021	Public Health and Health Policy Training, <i>RWJF Health Policy Research Scholars</i>
2019	Columbia University Epigenetics Bootcamp
2017	Certificate of Spanish Language Fluency, <i>Yale-New Haven Hospital Language Services</i>
2016	Advanced Cardiac Life Support, <i>American Heart Association</i>

## Journal Service (Ad-Hoc Reviewer)

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2021	<i>The Lancet Regional Health – Europe</i>
2021	<i>Journal of General Internal Medicine</i>
2021	<i>The BMJ</i>
2021	<i>Journal of Healthcare for the Poor and Underserved</i>
2021	<i>Journal of Clinical Oncology</i>
2021	<i>BMC Public Health</i>
2021	<i>American Journal of Psychiatry</i>
2021	<i>EClinicalMedicine (Lancet)</i>
2020	<i>Postgraduate Medical Journal (BMJ)</i>
2017	<i>American Journal of Human Biology</i>

## Memberships

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American Anthropological Association	Student National Medical Association
Society for Medical Anthropology	American Academy for Family Physicians
Latino Medical Student Association	American Medical Association

## Language Skills

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<b>Spanish</b>	full professional proficiency <i>American Council on the Teaching of Foreign Languages:</i> “advanced-high”
<b>Mandarin Chinese (simplified)</b>	basic knowledge